

\$3.5 Million Remodeling and Expansion of Red Cedar Center for Prevention & Physical Rehabilitation Completed in Menomonie

The opening of this 42,000 square foot two-story facility

brought to a close a successful team effort between the local medical center staff, the building and grounds staff, the general contractor, and Cedar Corporation's building design group. Cedar Corporation has worked with Red Cedar Medical Center (RCMC) since the mid-1980's when it was known as Red Cedar Clinic and Myrtle Werth Hospital. When both entities merged into the Mayo Health System in the mid-1990's, it became a multi-specialty medical and surgical center, which today cares for hundreds of patients a day.

The newly remodeled Center for Prevention & Physical Rehabilitation was completed in May 2009, and is located adjacent to the main RCMC facility on Stout Road in Menomonie. The new facility provides physical rehabilitation services on the ground level and occupational and preventive medicine in the lower level.

One of the design challenges for this project involved phasing the project so staff could continue to see patients throughout construction. Another challenge included redesigning the roofline of the original building to accommodate a major expansion.

Cedar Corporation credits the success of this project in large part to the synergy that developed between RCMC local staff and Cedar Corporation staff. Weekly meetings were held during design and construction to bring the project forward to a successful completion.

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Photos provided by Red Cedar Medical Center.

\$3.5 Million Remodeling and Expansion (Continued)

RCMC gave Cedar Corporation designers the freedom to make recommendations and changes and use their artistic talents. The result is a building that is unique yet complementary to the adjacent RCMC facility, and one that functions optimally for both staff and patients.

Design features include multi-level and curved rooflines, a large drive under canopy, a spacious main floor lobby and waiting area, a large sports therapy area and exercise therapy area, an aquatic therapy pool, therapy offices, and additional amenities such as patient locker rooms. A clerestory to the second level defines the main lobby as does an open stair case to the lower level. The interior space features curved walls to add interest to the space and work areas that are designed to foster a lean thought process to help reduce clutter and provide a more functional work space.

The lower level houses Occupational & Preventive Medicine, which serves as a single point of contact for all occupational health and worker's compensation needs, including pre-employment evaluation, treatment of work-related injuries, injury prevention training, and related services. The second floor of the new addition is designed as shell space for future growth at Red Cedar Medical Center.

For additional information about this project or our building design services, please contact Cory Scheidler, AIA, 1-800-472-7372 or send an email to cory.scheidler@cedarcorp.com.

